



METROPOLITAN
COMMUNITY COLLEGE
EST. 1993

Pre-Departure Checklist

Metropolitan Community College (“MCC”) requires each student to submit their travel and quarantine plans prior to departure from their home country which will be verified by our team. Please submit the following information to MCC:

Name: _____

Mobile phone number: _____

Student Number: _____

Arrival date: _____

Email address: _____

Flight number: _____

In regards to medical insurance in Canada, please check the box that applies to you:

- I have valid medical insurance (including coverage for COVID-19) that is valid through my study at MCC
- I will need medical insurance once I arrive in Canada and would like MCC to arrange for me.

- I confirm that the above information is correct.
- I confirm that I have created and completed my **Self-Isolation Plan** in full.
- I will submit this completed form to **admin@metropolitancollege.ca** before I travel to Canada.

Signature: _____

Date: _____

Send this form and your completed Self-Isolation Plan to **admin@metropolitancollege.ca**